+44745953217

M.D and Senior Medical Science Researcher

Turkey

- Summary: Clinician-Researcher
- A Passionate and experienced **GP** and **medical researcher** with **10** years of experience in clinical and research settings as an M.D, researcher, peer reviewer, and member of the editorial board
- Education: Doctor of Medicine (2005-2012) Guilan University of Medical Sciences (GPA:3.45)
- MSc Cardiovascular Disease(2019-In Progress) University Of Chester, UK
- Professional Experience:
- Tehran Heart Centre (Associated to Tehran University of Medical Science) (2012 2019): In the clinical setting as an M.D and as a senior researcher in the field of clinical research
- Reason of leave: Immigration to the UK
- International Activity: Oral presentation in 13th European Cardiology Congress in Madrid, Spain in 2016
- Certificates: Good Clinical Practice (GCP)
- Drug Regulatory Affairs-DRA2022 (including ICH guideline)
- Elsevier certified peer reviewer
- Project Management
- Telehealth
- Pharmaceutical sales
- Editorial Board: International Journal of Cardiology and Cardiovascular Disorder
- Reviewer :
- Journal Of psychosomatic Research
- Cardiology & Vascular Research Journal
- Clinical Medicine Insights: Case Reports
- Signa Vitae: Journal of Anesthesia, Intensive Care, Emergency and Pain Medicine
- Journal of Cardiology & Current research
- Heliyon

• Skills:

- Experience of visiting and managing thousands of patients with cardiovascular conditions.
- Advanced research skills, critical thinking and problem solving
- Familiarity with European guidelines because of studying in UK.
- Working with a multi-disciplinary research team in multi-centre research and international projects
- Excellent written and verbal English communication skills
- IT skills including (MS Office, ZOOM, Microsoft Team, Outlook)
- SPSS and ENDNOTE
- Data collection, Data entry, data clean up, working with database
- No limitation to travel

• Volunteer activities:

- Multiple Sclerosis researcher
- Researcher of HIV research department of Tehran University of Medical Science
- Research manager of Pooyesh Academy(A NGO to support the patients with psychological disorders)
- Suicide researcher

• Personality:

- Working as an effective team member as well as working individually.
- I am not a perfect person, but I do my best. Every day, I work hard to learn new skills that will help me become a better version of myself. If I don't know anything, I attempt to quickly research it.
- Extremely hard working, Multitasking/proactive, Problem-solving abilities, Accuracy and attention to the details, Helping the teammates
- Smile with a positive attitude

• Publications:

- Correlation between Cognitive Functions, Fatigue, Depression and Disability Status in a Cohort of Multiple Sclerosis Patients
- Mindfulness-based Stress Reduction Program: The Effect of a Novel Psycho-interventional Method on Quality of Life, Mental Health, and Self-efficacy in Female Patients with Multiple Sclerosis: A Randomized Clinical Trial
- Prospective Study on the Prognostic Power of Mild to Moderate Elevations in Highly Sensitive Cardiac Troponin T for Predicting Clinical Outcomes of Elective Percutaneous Coronary Intervention: Is there Any Association?(International Presentation)
- Evaluating the Efficacy Of 14-Day ABOC quadruple Therapy Regimen (Amoxicillin, Bismuth, Omeprazole and Clarithromycin), On Helicobacter Pylori Eradication
- Known and Unknown Facts Concerning Transient Cortical Blindness: A mini review
- Unscheduled Return Visits and Leaving the Chest Pain Unit Against Medical Advice
- Medical management of Pulmonary Hypertension: Calcium channel blockers VS Sildenafil: A Systematic Review
- Beta Blockers therapy after myocardial infarction: Which and for how long is more effective? A literature review
- Effective factors on successful PCI of CTO lesions

• References:

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