

PERSONAL INFORMATION

Ekaterina Volkova

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 ekavolkova23@gmail.com

Sex Female | Date of birth 23/10/1995

WORK EXPERIENCE

19/10/2018–Present

Youth Program Coordinator

YMCA Yaroslavl, Yaroslavl (Russia)

- organization of international events, youth exchanges, trainings
- development and implementation of activities for youth in Yaroslavl
- organization of leadership trainings and courses

01/09/2019–Present

National Coordinator of the Ten Sing Program in Russia

YMCA Russia, Ivanovo (Russia)

- coordination of national movements in the context of this program
- development of this direction in Russia
- organization of international communication and events in this program

25/10/2013–Present

Counselor work in children's educational camps

YMCA Yaroslavl, Yaroslavl (Russia)

- development and implementation of the camp program
- work and communication with children and teenagers
- conducting psychological classes

24/09/2016–18/10/2018

Psychologist

YMCA Yaroslavl, Yaroslavl (Russia)

- conducting educational classes on the development of communication skills among teenagers and children
- Conducting classes on psychological preparation for school
- Parent counseling

Other short-term work / volunteering

Yaroslavl (Russia)

- Translations from Russian into English of texts of scientific papers at the state university
- Work in a psychiatric clinic as an assistant psychologist

EDUCATION AND TRAINING

01/09/2017–Present

Master in Organizational Psychology

University "Synergy", Moscow (Russia)

General:

English, social science, translations, mathematics and statistics, international communication

Specialization:

General psychology
Social Psychology
Organizational psychology
Child psychology
Medical psychology

02/09/2013–30/06/2017

Bachelor of Social Psychology

Moscow Psychological and Social University, Moscow (Russia)

General:

English, social science, translations, mathematics and statistics

Specialization:

General psychology
Social Psychology
Organizational psychology
Child psychology
Medical psychology

24/04/2018–29/04/2018

Youthpass - Mobility of youth workers

YMCA Europe, Paris (France)

Youthpass - Mobility of youth workers - participated in a learning mobility project "Leadership academy"

This project was done with the support of Erasmus+

Training contents:

Training modules, mission, target groups and vulnerability, needs analysis, strategic planning, project management and fundraising

12/10/2016–17/10/2017

Certificate of training for trainers

World YMCA, Geneva (Switzerland)

Topics studied at the training:

Educational systems of different countries
Fundraising
International communication
Goal setting
Project management
Monitoring and evaluation
Group Methods
Group dynamics
Leadership
Group dynamics

03/06/2016

Certificate of professional training "Work with loss and attitude to death in psychological counseling"

P.G. Demidov Yaroslavl State University, Yaroslavl (Russia)

25/04/2016

Certificate of professional training "Work with guilt at the client in psychological counseling"

P.G. Demidov Yaroslavl State University, Yaroslavl (Russia)

PERSONAL SKILLS

Mother tongue(s)

Russian

Foreign language(s)	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
English	C1	C1	C1	C1	C1

Levels: A1 and A2: Basic user - B1 and B2: Independent user - C1 and C2: Proficient user
 Common European Framework of Reference for Languages

Communication skills -very good communication skills acquired while working with youth, children and teenagers, as well as with their parents
 -good contact an communication skills with foreign youth, through my experience as a international program coordinator and organization of international youth exchanges.

Organisational / managerial skills -good organization skills acquired in the process of developing and conducting camps, organizing trainings and youth exchanges
 -good leadership skills (responsible for the children and youth groups of 10-30 people)
 -good managerial skills obtained in the process of implementation and implementation of projects. Wide experience in project management

Job-related skills Wide area of competence
 Good time management skills
 Experience and translation skills, both general and specific (scientific)

Digital skills	SELF-ASSESSMENT				
	Information processing	Communication	Content creation	Safety	Problem-solving
	Independent user	Independent user	Independent user	Independent user	Independent user

Digital skills - Self-assessment grid

ADDITIONAL INFORMATION

Publications

- 1.E.Volkova, T. Rasina. A comparative research of the volitional qualities of the personality in people of adolescence // The Psychology of Education - 2017 - No. 4 - P.37-49.
2. E.Volkova. Comparative study of the volitional qualities of the personality of young men and women as future leaders / X International Scientific Conference;"The Power of the Weak";: the power of unity and mutual support of men and women in world cultures, September 7-8, 2017
3. E. Volkova, T. Razina, // INTERACTION OF STYLE OF PARENTAL EDUCATION WITH THE DEVELOPMENT OF PERSONAL TRAINING QUALITIES IN YOUTH // GESJ:Education Sciences and Psychology // 2017 | No.3(45) , pp. 106-115
4. Research of the need of expansion the course &,"psychology of communication"; - The conference - "Innovative technologies in the training of psychologists";/Yaroslavl, Russia
5. Personal perception factors through photos in social networks.
6. Participation in the research of conflicts among teachers in schools