

Key Skills

- Team work: Supportive, facilitator, organised;
- Interpersonal Skills: Listener, initiator, cooperative, constructive;
- Customer Orientation: Friendly, caring, diplomatic, tolerant;
- Problem solving: Results-orientated, creative, practical,
- Adaptable, enthusiastic, active, flexible, versatile, accurate.

Work Experience

Employer	Role	Date
Cornerstone Community Center - Brighton	Italian Language teacher for beginners	5/03/2015 - Now
CMG – Care Management Group – 287 Dyke Road - Brighton	Support worker for young adults with multiple and profound learning disabilities	Oct. 2012 - Now
Care Uk – 191 Freshfield Road - Brighton	Support worker at home for elderly and disables	Aug. 2012 – Sept. 2012
Anahata Health Clinic – Brighton UK (Self Employed)	Naturopath, Medical Herbalist, Holistic and Sports Massage Therapist	Sept. 2010 – Now
Millies Cookies Brighton Station	Sales Assistant	March 2011 – August 2012
Fabri’s Company – Brighton, UK (at Saint Giles College)	Canteen management Assistant	Sept. 2008 – Oct. 2010
CACTUS Language – Brighton (www.cactuslanguage.com)	Italian language Teacher	July 2010 – Sept. 2010
L’Erbolario (Herbal Shop) di Sabrina Ricci – Rome, Italy	Sales Assistant and customer service. (Management, Herbal remedies Advisor, stock management)	Aug. 2007 – May 2008
Animalisti Italiani ONLUS (Non profit organization for animal’s rights) – Rome, Italy	Office and secretarial work, customer service, receptionist, events organization. Responsible for Civil Service workers recruitment, management and training. Press Office Assistant, Peta Campaigns Coordinator, Fundraising.	Dec. 2004 – July 2007
Lush Handmade Cosmetics Rome, Italy	Sales Assistant and customer service	Nov. 2006 – Jan. 2007

Education and Training

Institute	Qualification	Dates
CNM College of Naturopathic Medicine - London	Naturopathy and Herbal Medicine	10/08/13
OTTN.co.uk	Emergency First Aid at Work	30/06/12
ITEC – London VTCT - Brighton	Holistic massage therapist Sports and remedial massage	28th of June 2010
Liceo Classico Leonardo da Vinci	Diploma in classical studies (A-Level equivalent)	July 1999

Additional information:

- Computer literate, knowledge of Windows and Microsoft Word; office skills, keyboard skills: Good typing ability (about 80 WPM)
- Fluent English written and spoken, native Italian speaker; Scholastic French (5 years A-Level)
- Health & safety knowledge;

References: Available on request