

PERSONAL INFORMATION

José Fonseca

R. Paulino da Cunha e Silva 259, 2000-369 Santarém (Portugal)

(+351) 915 781 924

Sex Male | Date of birth 16/03/1996 | Nationality Portuguese

EDUCATION AND TRAINING

11/09/2012-15/06/2015

Multimedia Technician

EQF level 4

Dr Ginestal Machado School, Santarém (Portugal)

General

-English, French, Mathematics, Physical Education

Occupational

Multimedia Software

-Adobe Photoshop

-Adobe Premiere

-Adobe Dreamweaver

-Adobe Flash (Animate)

-Adobe Audition

-After Effects

-Blender

-Audacity

Databases

-Microsoft Access

Programming

-HTML

-JavaScript

-CSS

-Pascal

15/09/2015-09/06/2018

Bachelor's Degree in Multimedia Communication & Education

EQF level 6

Santarém College of Education - Polytechnic Institute of Santarém, Santarém (Portugal)

General

-English, French, Mathematics

Occupational

Multimedia Software

-Adobe Photoshop

-Adobe Premiere

-Adobe Dreamweaver

-Adobe Animate

-Adobe Illustrator

-Adobe InDesign

Databases



Curriculum vitae José Fonseca

-Microsoft Access

Programming

- -HTML
- -JavaScript
- -CSS

WORK EXPERIENCE

Intern | Multimedia Technician 2013-2014

Portuguese Association for Consumer Defense, Santarém (Portugal)

- -Presentation animation
- -Logotype creation
- -Proofreading and correcting

11/2017-07/2018 Intern | Network Manager | Multimedia Technician

International Projects Bureau | Santarém Polytecnic Institute, Santarém (Portugal)

- -Marketing planning of the facebook page of the TV T21 project
- -Management of the facebook page of the TV T21 project
- -Monitoring and assistance of several activities in event days

10/2017-07/2018 Multimedia Technician | Monitor

Santarém Polytechnic institute, Santarém (Portugal)

- -Maintenance of recording equipment (Microphones and cameras)
- -Assistance in using recording equipment
- -Video and photographic recording of classes, lectures and events
- -Logotype creation
- -Creation of several short animations

PERSONAL SKILLS

Mother tongue(s)

Portuguese

Foreign language(s)

UNDERSTANDING		SPEAKING		WRITING
Listening	Reading	Spoken interaction	Spoken production	
C2	C2	C2	C2	C2
B1	B2	A2	A2	A2

English French

> Levels: A1 and A2: Basic user - B1 and B2: Independent user - C1 and C2: Proficient user Common European Framework of Reference for Languages

Communication skills

Good tutoring skills derived from a natural public speaking comfort and the perfect mix of preparation and improvisation.

Organisational / managerial skills

Good leader and teamplayer, with excellent organizational skills.

Job-related skills

Very adaptable and flexible, with a great array of different skills and amazing creativity.

Digital skills

SELF-ASSESSMENT



Curriculum vitae José Fonseca

Information processing	Communication	Content creation	Safety	Problem solving
Proficient user	Proficient user	Proficient user	Proficient user	Proficient user

Digital skills - Self-assessment grid

ADDITIONAL INFORMATION

Projects

Volunteer in the "Generation Z" project in the Portuguese Institute of Sport and Youth, in partnership with the Santarém Town Hall, the Santarém Diocese and the Diocesian Museum of Santarém, consisting in the guarding and guiding of the diverse monuments of the city of Santarém.